First Sunday of Lent - March 1, 2020

“One does not live on bread alone, but on every word that comes forth from the mouth of God.”

— Mt 4:1-11
### Mass • Communion

**Basilica**

**Saturday Vigil Mass**
- 5:30 PM

**Sunday Mass**
- 7:30, 9:15, 11:00 AM, (12:45 PM, and 5:30 PM)

**Holy Days:**
- 8:15 AM, 12 NOON and (5:30 PM)

**Blessed Sacrament Chapel**

**Daily Morning Mass**
- Monday — Friday (7:00 AM)

**Noon Mass**
- Monday, Wednesday, Friday

**Noon Communion Services**
- Tuesday, Thursday

**Saturday Morning Mass**
- 8:30 AM

**Saturday Reconciliation**
- 9:30 AM — 10:30 AM

**St. Francis of the Redwoods**
Big Sur, CA

**Bilingual Mass (Español/English):**
- 1st and 3rd Saturday (5:00 PM)

### Today’s Reading

**First Reading**

Then the L ORD God planted a garden in Eden, in the east, and placed there the man whom he had formed. (Gn 2:7–9; 3:1–7)

**Psalm**

Be merciful, O Lord, for we have sinned.  
(Ps 51:3–4, 5–6, 12–13, 17)

**Second Reading**

... so, through the obedience of the one, the many will be made righteous.  
(Rom 5:12–19, or Rom 5:12,17–19)

**Gospel**

“One does not live on bread alone, but on every word that comes forth from the mouth of God.”

In the first reading today we hear the familiar story from Genesis of Adam and Eve in the garden, their encounter with the serpent, their disobedience of God’s command, and the consequences of their disobedience, that “the eyes of both of them were opened, and they realized that they were naked.” When they ate of the fruit they did gain knowledge they did not have before, they knew shame for the first time. As we read two weeks ago in the Book of Sirach, God does not compel obedience in God’s relationship with humankind. God created the forbidden tree, and God created the serpent, “the most cunning of all the animals that the Lord God had made.” God did not guard the tree day and night to ensure that Adam and Eve obeyed his command, and he did not command the serpent to leave them alone. Adam and Eve could have remained in paradise with all the animals, enjoying the fruits of God’s creation, if only they had resisted temptation. In the Gospel, we have an example of how Jesus did resist just such temptations when he is "led by the Spirit into the desert to be tempted by the devil." Jesus is fully human, he experiences hunger, he desires power, but he turns the devil aside by his recognition that God is greater than all human wants. To be tempted is to be human, but Jesus shows us how to overcome our temptations by turning to and trusting in the much greater power of God. The psalmist begs, “give me back the joy of your salvation.” Have temptations separated you from the joy of salvation? If so, this Lenten season gives us an opportunity to renew our efforts to overcome our temptations and gain back the joy our loving God so desires for each of us.

### Readings for the Week

**Monday:**
- Lv 19:1-2, 1–18  
- Ps 19:8, 9, 10, 15  
- Mt 25:31-46

**Tuesday:**
- Is 55:10-11  
- Ps 34:4-5, 6-7, 16-17, 18-19  
- Mt 6:7-15

**Wednesday:**
- Jon 3:1-10  
- Ps 51:3-4, 12-13, 18-19  
- Lk 11:29-32

**Thursday:**
- Est C:12, 14-16, 23-25  
- Ps 138:1-2AB, 2CDE-3, 7C-8  
- Mt 7:7-12

**Friday:**
- Ez 18:21-28  
- Ps 130:1-2, 3-4, 5-7A, 7BC-8  
- Mt 5:20-26

**Saturday:**
- Dt 26:16-19  
- Ps 119:1-2, 4-5, 7-8  
- Mt 5:43-48

**Sunday:**
- Gn 12:1-4A  
- Ps 33:4-5, 18-19, 20, 22  
- 2 Tm 1:8B-10  
- Mt 17:1-9

### Music Corner

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Rite of Christian Initiation for Adults (RCIA)

**Are you someone or do you know someone who...**

- Has expressed an interest in becoming Catholic?
- Was baptized Catholic but has not celebrated the Sacraments of Confirmation and Eucharist?
- We offer an opportunity to come together in a small group to learn more about our faith. Sessions focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season, and for their lifelong journey as mature and well-formed Catholics. We warmly welcome your participation in the process with your questions, your insights and your faith story in a warm accepting setting.

For information please contact Rosellen Sanna at (831) 624-1271 ext. 218 or rosellen.sanna@carmelmission.org.

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**Bible Study**

**Wednesday, March 4th**
10:30 AM in Crespi Hall

Our group continues with the Book of the Bible Sirach, a Wisdom Book from the Old Testament.

For more information contact: Dick Gorman at 595-6363

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**Book Club**

**Thursday, March 5th**
6 PM in Crespi Hall

This week continue our discussion on *Death Comes For the Archbishop* by Willa Cather

For more information contact: Deacon Bill at (831) 316-9280 or Charlie Sciambi at csciambi@gmail.com

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**Lent Calendar**

**February 26 - April 4**

**Wednesdays**
March 4 - April 1

- Taizé Prayer Around the Cross
  7:00 PM in the Basilica

**Fridays**
February 28 - April 3

- Stations of the Cross
  11:30 AM in the Blessed Sacrament Chapel

**Friday, March 20:** Sacrament of Reconciliation (Communal Service)
7:00 PM in the Basilica.
NO Sacrament of Reconciliation on Saturday, March 21.

**Sunday, April 5:** Palm Sunday of the Passion of the Lord.
There will be a procession at the 9:15 and 11 AM Masses.
NO 12:45 PM Mass on Palm Sunday.

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**Take, O Take Me As I Am**

Ostinato Refrain

Take, O take me as I am; summon out what I shall be;
set your seal upon my heart and live in me.

Text: John L. Bell, b.1948
Title: John L. Bell, 1991
**Homebound Eucharistic Ministry**

If you or someone you know, are unable to get to Mass and would like to receive the Eucharist at home.

*For more information please call Joan Brophy Thomas at (831) 624-3074.*

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**Solemn Exposition of the Blessed Sacrament**

The worship of the Eucharist outside of the Mass is of inestimable value for the life of the Church.

*Please visit our Lord during our daily Blessed Sacrament Adoration, Monday through Friday 7:30 AM to 8:30 AM.***

*On First Fridays we have 25 hours of Adoration from 7:30 AM to Saturday 8:30 AM.*

Many parishioners have signed up to spend an hour with our Lord, but we still need sign-ups for early morning hours.

*For more information, Call Sandi: (831) 624-9491.*

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**Where would our Church be without the Eucharist?**

Serrans support the journey of our future priests, from whom we receive the Eucharist and the sacraments. Come hear Seminarian Fiacre N. Fahey’s story of his discernment journey at our next meeting on **Monday, March 2, 2020 at 6:00 pm**.

This month, we will meet in the **Serra Room at 485 Church St., Monterey**.

Other dates to remember:

- **March 6th** First Friday **Adoration Hour for Vocations**, beginning with the noon Mass followed by the rosary in the Blessed Sacrament Chapel.

- **Every Wednesday at 5:30pm in the Blessed Sacrament Chapel** there is a Recitation of the Rosary for Vocations. ALL ARE WELCOME.

*For more information, contact Mary O’Connell at 831-333-0827 or email mboc2222@sbcglobal.net*

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**A Pathway to Peace of Mind**

The Carmel Mission Bereavement Ministry offers parishioners guidance and support in planning the commemoration of loved ones. This can be done in advance or at the time of loss.

Our compassionate members offer planning - or pre-planning - guidance, support and coordination of Masses and Crespi Hall receptions.

For questions about our services or about joining our Ministry, contact Marilyn Bachik (831) 250-6911

*“Blessed are they who mourn, for they shall be comforted.” Matthew 5:4*

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At the Carmel Mission we offer Taizé Prayer Around the Cross on Wednesdays during Lent beginning Wednesday, March 20 through April 10 at 7pm in the Basilica. Please come and spend an hour in prayer and meditation with your community, further exploring your own Lenten journey and availing yourself of a chance to rest and focus on your relationship with God. We look forward to praying with you!
THE LITURGY OF LENT

“The annual observance of Lent is the special season for the ascent to the holy mountain of Easter” (Ceremonial of Bishops (1984), n. 249) that runs from Ash Wednesday to until the evening Mass of the Lord’s Supper on Holy Thursday. Lent “extends for a period of forty days, exclusive of Sundays, since fasting never occurs on the Lord’s Day. The period of forty days was established from our Lord’s example” (Rev. Jovian P. Lang, OFM, Dictionary of the Liturgy (1989), p. 317; cf. Matthew 4:2, Mark 1:13, Luke 4:2). The blessed ashes that we were marked with on Ash Wednesday are “a sign of conversion, penance, fasting, and human mortality” (Bishop Peter J. Elliott, Ceremonies of the Liturgical Year (2002), n. 88). Lent is a time when we are called “to acknowledge our need of the Lord and His mercy” (Pope Francis, Message for Lent, 2019).

“In these forty days, Mother Church vests herself simply in violet. Her sacred halls are bare, and much of her gracious music is muted. Flowers at her altars and shrines are set aside, and, at the end of the season, the lamps will be extinguished, the bells will fall silent and her altars will be stripped. But this is her true springtime, when her children grow in grace, in ways often imperceptible, subtle and varied. Lent thus reminds us that the great graces are given by God, not when our senses perceive them or when our hearts are full of consolations, but in the silence and the stillness of ‘the night’” (Bishop Peter J. Elliott, Ceremonies of the Liturgical Year (2002), n. 89).

“Part of the distinctive character of Lent” is the preparation for the celebration of the Sacraments of Christian Initiation at the Easter Vigil (The Roman Ritual: Rite of Christian Initiation of Adults (1988), n. 126). In this regard, there are several special liturgies that take place during Lent, one of the first being the Rite of Sending of the Catechumens for Election. (Nota bene: Catechumens are unbaptized adults, and children who have reached the age of reason, who are preparing for the Sacraments of Christian Initiation, i.e. Baptism, Confirmation, and First Holy Communion).

The Rite of Sending takes place at the Vigil Mass of the First Sunday of Lent (Saturday, 29 February 2020) and “offers the local community the opportunity to express its approval of the catechumens and to send them forth to the celebration of election assured of the parish’s care and support (RCIA, n. 107). During this rite, the catechumens will enter their names into the Book of the Elect, which will be presented to and signed by Bishop Daniel E. Garcia at the Rite of Election, which is celebrated the following afternoon at the parish church of Saint Benedict in Hollister.

All catechumens in the northern part of the Diocese will celebrate this liturgical rite which “is called election because the acceptance made by the Church is founded on the election by God, in whose name the Church acts” (RCIA, n. 119). During the Rite of Election, catechumens become known as elect, which is “a catechumen judged by the community... as worthy to move to the second stage of Christian Initiation, namely, the period of purification” (Rev. Jovian P. Lang, OFM, Dictionary of the Liturgy (1989), p. 176).

The parish community of Carmel Mission Basilica will experience the joy of having five individuals receive the sacraments of Christian initiation at the Easter Vigil, and several others will be completing their sacraments of initiation. More on that later!

~ Geoffrey Lopes da Silva
Liturgy Coordinator
Liturgy@CarmelMission.org

“Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Catholic Church from age 14 onwards” (U.S. Conference of Catholic Bishops).

For more information, please see the USCCB’s Pastoral Statement on Penance and Abstinence, which can be found online at usccb.org.
When one thinks of Music Ministry in the church, one is reminded of St. Augustine’s often repeated quote, “Singing is praying twice.” Since the formation of the Catholic Church, music has been a focal point in worship. It would be impossible to separate the Church and the development of western art music from the Middle Ages to the late 19th Century, so intrinsically intertwined are the two entities. Subsequent articles will explore this rich history and how we at Carmel Mission continue to pursue the important tradition of excellence in music and artistic expression.

In the Church today, the focus of the Music Ministry is to support the singing of the assembly. Indeed, everyone in the church is a music minister. The cantors, the choir, the organ and the piano, all serve to support and encourage the people to lift their voices in song and praise. Why does the Church want us to sing? Why have our voices raised in song been so pleasing to our God since the time of the Psalmist King David?

Scientific studies have proven that singing is one of the healthiest things we can do for our bodies. Singing improves the immune system, is a natural antidepressant, stimulates brain function, the list goes on. Singing engages the entire body, realigning our posture, improving our lung function and raising our spirits. To a God who loves us deeply and wants only the best for us, the product of such a healthful activity can only sound beautiful.

Singing in the church is a community endeavor. It is not about having the best voice, it is about sharing lift our hearts to God with our voices; for me, there is no sound more compelling in our Basilica that the voices of all the people of God joining together in song.

With your support our Music Ministry can continue to grow and flourish, providing the support at our liturgies for the complete participation of all our community and visitors in making a joyful noise in praise of our loving God. Please consider donating to our AMA “Heavenly Sounds” campaign and please, pick up the book and sing.

For more information, please visit our AMA page at www.carmelmission.org/AMA


**DOCENT CORNER**

**MISSION BUENAVENTURA**

Two US Naval fleet oilers built for service in the United States Navy during World War II were named for the Franciscan mission located in Carmel. They were part of the 27 ship Mission Buenaventura Class of fleet oilers.

The USNS Mission Carmel (AO-113) was built by Marine Ship Corporation in Sausalito, California and was launched in March of 1944. Chartered to Pacific Tankers, Inc. for operations, she spent the remainder of the War providing fuel to our forces overseas (during which time she was awarded the American Campaign Medal for WW II service and for service afterward, the National Defense Service Medal). Returned to the Maritime Commission in 1946, she was laid up in the Reserve Fleet at Portland, Oregon.

Acquired by the Navy in 1947, she was assigned to the Naval Transportation Service and later the Military Sea Transportation Service for operations. She continued to supply our forces overseas with needed fuel products until 1957 when she was returned to Maritime Reserve Fleet at Olympia, Washington.

She was then sold to Litton Industries for conversion into a dry cargo ship. Renamed the Houston, she continued her life of service under a new flag until 1969. The ship’s final disposition is unknown.

The USNS Mission San Carlos (AO-120) was also built by Marine Ship Corporation and was launched in February of 1944 and provided our overseas forces with the vital fuel needed to win the war. Also the recipient of service awards, she was returned to the Maritime Commission and laid up in the Maritime Reserve Fleet at Mobile, Alabama.

She was placed in service with the Naval Transportation Service in 1947 and remained in service until November 1957 when she was laid up in the Maritime Reserve Fleet at Beaumont, Texas and struck from the Naval Vessel Register.

Sold to Transwestern Associates in 1966 for conversion to a bulk carrier, she was resold to Hudson Waterways Corporation for conversion into a combination train ferry and container ship. Renamed the Seatrain Maryland, she carried cargo between the east and west coasts of the United States and occasionally to Vietnam. The ship’s final disposition is unknown.

Parishioners are cordially invited to attend the “Docent Dialog” on Friday, March 6 at noon in Crespi Hall. This session will listen to the voice history tapes of Mission Curator Harry Downie as he explains the construction techniques used to restore the Carmel Mission. Join the Docents, bring your lunch and listen to Mission history by one of the people who made it.

This insight into the Mission history was provided by the Carmel Mission Docent Association. If you would like to find out more about becoming a Docent, please contact Nancy Hardy at nhardycarmel@att.net or 831-624-8846.

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**Thank You for your Stewardship!**

*Your generous donations for the week ending in 2/16/2020*

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<thead>
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I thank you for your sense of Stewardship and your great generosity.

—Fr. Paul, Pastor
council 4593 - carmel mission

ST PATRICK’S DAY DINNER PARTY
SATURDAY, MARCH 14
5:30 PM - 9:00 PM
MURPHY CENTER
3080 RIO ROAD

TRADITIONAL CORNED BEEF AND CABBAGE
CARROTS - POTATOES - IRISH SODA BREAD - DESSERT
NO HOST BAR

FEATURING THE IRISH BAND
TIPPERRY STREW AND SURPRISE GUESTS

$25.00 ADULTS OR TEENS
KIDS FREE 12 AND UNDER WITH TICKETED ADULT

TICKETS ON SALE IN THE COURTYARD AFTER 7:30 AM, 9:15 AM,
11:00 AM AND 12:45 PM MASSES.

TICKETS MAY BE PURCHASED ONLINE AT CARMELMISSION.ORG

FOR MORE INFORMATION, CONTACT THE KNIGHTS OF COLUMBUS EMAIL AT
KOC@carmelmission.org
Dear Friends of Carmel Mission,

When I was first ordained priest, one of my assignments was Chaplain to a Convent of nuns. I said mass for them at the ungodly hour of 6:30am. (Those who attend our 7:00am mass will note how much I’ve changed - not!)

I also attended the community meetings of the Sisters each week. At those meetings the Sisters were given time to raise concerns and ask questions. Sr. Alice always had at least one question and was not shy about making her views known on issues raised by other Sisters. Her outspokenness astonished me, especially since she had not made her final profession.

I soon learnt that she was frequently called to account by the Reverend Mother for her reluctance to remain silent. The Reverend Mother had appointed a succession of Sisters to be her Mentor or Guide. I say a succession because no one Sister was successful in that role, and each in turn pleaded with Reverend Mother to be released from what they viewed as Purgatory. Alice was way too much for them.

It was at those community meetings that I heard both her current Mentor and some of her ex-mentors whisper, quite audibly, the words: SAY NOTHING, ALICE!

Alas, their audible whispers were in vain. Alice felt the need to express herself, and did so, unashamed and unabashed. I admired both her courage and her innocence. There was not a malicious thought in her head, nor a shred of bitterness in her heart.

Sometimes I summon up her courage to speak the truth, regardless of how people might react. More often, I remain silent as I listen to a chorus of Sisters singing in my inner ear: SAY NOTHING, ALICE!

Whatever happened to Alice? you may ask. Well, she never made her final profession and is married (happily, I pray) with three daughters. The Sisters remember her as a strong minded woman who had a problem with silence.

I remember her as a great teacher and preacher. During this Lenten Season may God give us the wisdom to know when to speak and when to SAY NOTHING, ALICE!

Blessings,

Fr. Paul